LEICESTERSHIRE AND RUTLAND LUNATIC ASYLUM.

THE

SIXTH ANNUAL REPORT

OF THE

UNITED COMMITTEE OF VISITORS.

BEING THE

REPORT FOR THE YEAR 1854:

WITH LIST OF VISITORS AND OFFICERS

OF THE INSTITUTION,

MEDICAL AND FINANCIAL STATEMENTS,

&c.

Trustees of the Estate.

HIS GRACE THE DUKE OF RUTLAND,
THE RIGHT HON. THE EARL HOWE,
THE RIGHT HON. LORD BERNERS,
SIR HENRY HALFORD, Bart. M. P.
CHARLES WILLIAM PACKE, Esq. M. P.
JOHN KING, Esq.
HENRY GREENE, Esq.

VISITORS AND OFFICERS OF THE ASYLUM.

Chairman and Treasurer.

CHARLES WILLIAM PACKE, Esquire, M. P.

Visitors appointed for the County of Leicester.

+ CHARLES WILLIAM PACKE, Esquire, M.P. Prestwold.
+ THE RIGHT HONORABLE LORD BERNERS, Keythorpe Hall.
+ SIR HENRY HALFORD, Baronet, M. P. Wistow Hall.
JOHN KING, Esquire, Stretton Hall.
ISAAC HODGSON, Esquire, Kirby Frith.
+ HENRY GREENE, Esquire, Rollestone.
+ CHARLES THOMAS FREER, Esquire, Billesdon Coplow.
THE REVEREND JOHN PENGREE NEWBY, Enderby.
+ THE REVEREND HENRY JAMES HOSKINS, Blaby Rectory.
+ THOMAS STOKES, Esquire, New Parks, Leicester.

Visitors appointed for the County of Rutland.

JOHN MUXLOE WINGFIELD, Esquire, Tickencote Hall.
COLONEL THE HONORABLE HENRY CECIL LOWTHER, M. P. Barleythorpe Hall.
+ THE HONORABLE HENRY LEWIS NOEL, Ketton.
SIR GILBERT JOHN HEATHCOTE, Baronet, Normanton Park.
GEORGE FINCH, Esquire, Burley Hall.
CHARLES HAY FREWEN, Esquire, M.P. Cold Overton Hall.
+ THE REVEREND JOHN HENRY FLUDYER, Thistleton.

Visitors appointed by the Subscribers.

THE RIGHT HONORABLE THE EARL HOWE, Gopsall Hall.
SIR ARTHUR GREY HAZLERIGG, Baronet, Nosely Hall.
SIR FREDERICK HEYGATE, Baronet, Roecliff.
WILLIAM PERRY HERRICK, Esquire, Beaumanor Park.
JOSEPH WHETSTONE, Esquire, Leicester.
JOHN DOVE HARRIS, Esquire, Leicester.
WILLIAM ANN POCHIN, Esquire, Barkby Hall.

Ex-Officio Visitor for the Borough of Leicester.
THE MAYOR OF LEICESTER.

Visiting Physician.
DR. SHAW.

Honorary Physicians.
DR. NOBLE. DR. BARCLAY.

Consulting Surgeon.
MR. PAGET.

Honorary Surgeons.
MR. MACAULAY. MR. BENFIELD.

Chaplain.
THE REVEREND ABRAHAM HILL, M. A.

House Surgeon and Superintendent.
MR. JOHN BUCK.

Matron.
MISS CARPENTER.

Surveyor.
MR. WILLIAM PARSONS.

Clerk.
MR. WILLIAM FREER.

ADMISSIONS, DISCHARGES, AND DEATHS.

FOR THE YEAR 1854.

Patients on the Books, December 31, 1853 ..		234	
Admitted since		131	
			365
Dischared—Cured	47		
Relieved	23		
		70	
Died		24	
Remaining—Pauper Patients,			
„ Male	89		
„ Female ..	111		
Criminal Patients,			
„ Male	14		
„ Female ..	3		
Private Patients,			
„ Male	24		
„ Female ..	30		
		271	
			365

Total number admitted since the opening of the Institution ..		1569
Total number Cured	712	
Relieved	167	
Removed	108	
Died	311	
Remaining	271	
		1569

LEICESTERSHIRE AND RUTLAND LUNATIC ASYLUM.

THE REPORT

OF THE

UNITED COMMITTEE OF VISITORS

OF

The Leicestershire and Rutland Lunatic Asylum,

TO THE

EIGHTEENTH GENERAL ANNUAL MEETING,

HELD IN THE BOARD ROOM OF THE ASYLUM,

ON MONDAY, THE 29TH DAY OF JANUARY, 1855.

In consequence of the average number of Patients being, by 257 against 240, greater than that of last year, the House has been at times inconveniently crowded.

It has been necessary to make some considerable addition to the Building; this has been effected by the erection of New Wash-houses and Laundry, over which Day-Rooms and sleeping accommodation for 25 Patients have been provided. This arrangement will, it is believed, be beneficial in every way, both in relieving the main building from its present crowded state, and in providing additional facility for employing the Patients.

The Visitors have no reason to believe that the disease of Insanity is increasing in either of the two Counties. The

increased number of Patients is mainly from the Borough, which, of necessity, will yearly have an increased number of Insane Poor to provide for, as the Town increases in population. On this point, however, the Visitors hope to be able to speak with more certainty hereafter, as the New Law of Lunacy renders certain Returns from Clerks and Medical Officers of Unions compulsory; and thus affords facilities for arriving at accurate results respecting the Statistics of Insanity of which the Visitors will not fail to avail themselves.

The expense of the New Building, which is computed at £2000., is borne by the Counties of Leicester and Rutland and the Funds of the Charity, in the following proportions,—Leicestershire seven-tenths, Rutland one-tenth, and the Charity two-tenths; this proportion is also observed in providing for the annual expense of Repairs and Furniture, and in sharing the profits of the Second and Fourth Classes between the Household and the Charity. The Borough of Leicester contributes nothing, either towards the erection or the maintenance of the Building, but by the terms of the Local Act of Parliament it is charged for the lodging of every Patient above the first 25, at the rate of 3s. 6d. per week.

The Visitors have been anxious to keep the cost of maintenance as low as possible, without, however, at all interfering with such ordinary or extra diet as the Medical Officers might deem necessary; and they had hoped to have been enabled to continue the present low rate of 7s. 3d. per week, for Pauper Patients; the loss, however, sustained by the high price of provisions in the early part of last year, has reduced the balance in favour of the Household Account to the sum of £549. 7s. 3d., an amount lower than has been the case for many years, and lower than the Visitors think necessary for carrying on the business of the Institution. The Visitors have, therefore,

been reluctantly compelled to raise the weekly rate of maintenance to eight shillings.

The annexed Tables will give full particulars as to the Receipt and Expenditure of the past year in every department, the Work done in the Asylum by the Patients, the Consumption and Cost of Provisions, Necessaries, Repairs and Furniture.

The Visitors have no particular remarks to make respecting the Charity. It has continued as heretofore to afford relief in the most distressing cases of suffering, and is one of the most important and valuable charities in the County.

The average number of Patients during the year has been as follows:—

Leicester County Patients	$123\frac{19}{52}$
Leicester Borough Patients	$57\frac{4}{52}$
Rutland County Patients	$20\frac{29}{52}$
Out-County	$4\frac{42}{52}$
Subscribers' Patients	$34\frac{18}{52}$
Independent Patients.....	$17\frac{18}{52}$
Total	$257\frac{26}{52}$

The greatest number on any one day was 271, that number is now in the House, a large proportion of whom are incurable,—of these, 24 males and 17 females, are Epileptics.

At the commencement of the year there were 234 Patients in the Institution, since that period 131 have been admitted, 64 males and 67 females, being an excess of 11 over the admissions of the preceding year;—of the number admitted, 24 have been in the Establishment previously;—the number of Patients under treatment during the year has been 365; of these, 47 have been discharged cured, 18 males and 29 females,—23 relieved, 16 males and 7 females,—total 70, who have derived benefit, and 24 have died, being 9·52 per cent. upon the average number.

The Subscribers' Patients have been much the same as in preceding years.

The present number of Independent Patients is 19,—10 male and 9 female.

As few cases of Insanity occur which are not attended by debility, the ample diet now in use has contributed much to the health of the Patients, and that, united with cleanliness and equable temperature, tends much to speedy recovery. Increased employment, out-of-door exercise and amusement, and the use of books and periodicals, are productive of the same happy result. Likewise may be added employment in the Laundry and needlework for the females as highly conducive to the same end.

In consequence of 33 cases of boils and 2 of carbuncles, an alteration of diet was made for a time throughout the House. All these cases, however, did well. Two cases of Acute Mania accompanied by Fever have been admitted,—both were fatal. There have been no cases of Dysentery or Cholera. The Autumnal Diarrhœa was very slight.

There are 34 cases of upwards of 5 years', and 30 of upwards of 2 years' residence in the House, which present slender hopes of recovery.

In reference to amusements above referred to, frequent excursions have been made by the Patients, in parties of from 10 to 20, accompanied by their attendants, into the neighbouring villages and the more accessible portions of Leicester Forest. In the summer several weekly assemblages of the industrious Patients and those who were capable of enjoyment, took place on the Lawn in front of the Asylum, where dancing, bowls, quoits, and other popular sports, afforded them great satisfaction.

It is satisfactory, in reference to the Chaplain's duties in the House, to be able to report that Divine Service has been performed on Sunday mornings and Wednesday evenings, on Good Friday, on the day set apart for General

Humiliation, and on Christmas Day ;—the average number of Patients who have attended these Services has been 108 ; being 42 per cent. of the number of inmates. The behaviour of all during Divine Service has usually been remarkable for propriety of conduct and earnest attention. The occasional visits of the Chaplain have been attended with satisfactory and gratifying results.

The health of the House at the present time is satisfactory.

In conclusion the Visitors beg to express the satisfaction with which they have perused the Remarks of the Commissioners in Lunacy, on their last visit, and which they have pleasure in annexing to their Report.

Signed on behalf of the Visitors,

CHARLES WILLIAM PACKE,

Chairman.

REPORT

OF THE

COMMISSIONERS IN LUNACY

ON THE STATE OF THE ASYLUM,

AT THEIR LAST ANNUAL VISIT,

September 22*nd*, 1854.

SINCE the visit of the Commissioners on the 29th of October last, 124 new Patients have been admitted (whose certificates were duly produced to us) ;—67 have been discharged and 26 have died. The assigned causes of death in these cases suggest no special remark. The numbers at present in the House are 265. Of these, 21 males and 29 females are Private, — 124 males and 141 females are Pauper Patients. We have seen and examined all of them, and find them in general remarkably quiet and orderly. Two of them we found placed in seclusion in their bed-rooms. No instance of the use of instrumental restraint has occurred since the last visit.

We went through and inspected the different Wards, including the day rooms, galleries, dormitories, and single sleeping rooms, which were, without exception, sweet and clean, and sufficiently ventilated.

The bodily health of the Patients is in general very good, and there is no epidemic or serious malady prevailing

in the House. Four, who are in an infirm state of health, are keeping their beds.

About 50 Patients of each sex are employed in various ways in the household and garden and farm, in occupations suited to their previous habits of life. This, it will be noted, is a considerable increase on the number of males who used to be so employed, and when the rest of the land now in pasture is broken up, we shall hope to see a still further increase.

Upwards of 100 are in the habit of attending Divine Service,—the gallery, however, in which it is celebrated is very ill adapted for the purpose, and we trust that ere long among the improvements which the Visitors appear to be steadily promoting, arrangements for providing a convenient Chapel will not be overlooked.

The New Buildings for the Laundry and Wash-house are advancing rapidly, and will, it is expected, be fit for occupation before Christmas. They include additional accommodation for 25 female Patients, and will set at liberty the present Wash-house and Laundry, so that they may be converted into Workshops, Clerk's Office, &c.

With reference to the various suggestions contained in the last entry of the Commissioners, we learn that nearly the whole of them have been carried into effect, and that further improvements founded on them are under consideration, and likely to be very soon introduced. In particular, we observe that the water-closets are well ventilated; that most of the heavy fire-guards have been cut down and lightened, and in some cases removed altogether; that a better description of bedstead and bedding has been introduced,—a considerable number of the beds being new, made of American moss, which is stated to answer the purpose well; much of the wire-work has been removed, and that some decorative as well as convenient furniture (including valances to the windows, and some wicker-work

sofas made by a Patient,) have been introduced in the galleries. The efforts in this direction may be still carried further with great advantage.

Altogether we have been very well satisfied with the result of our visit, and have pleasure in reporting our opinion that the Institution has latterly been in a course of very manifest improvement, and is under active, efficient, and judicious management.

J. W. MYLNE,

J. R. HUME.

TABLE No. 1.

Form of the Disease in the case of the 131 Patients admitted during the year ending Dec. 31, 1854.

FORM OF DISEASE.	M.	F.	Total.
MANIA	18	25	43
,, Suicidal	2	1	3
,, with Epilepsy	9	1	10
,, ,, Paralysis	4	1	5
,, ,, occasional violence ...	3	1	4
,, ,, Hysteria		2	2
,, Puerperal		3	3
MELANCHOLIA	11	16	27
,, Suicidal	5	9	14
Moral Insanity			
Delirium Tremens	3		3
IMBECILITY	7	5	12
,, with Epilepsy	2		2
DEMENTIA		1	1
Senile Insanity		1	1
Idiocy Congenital		1	1
Total.....	64	67	131

TALBE No. 2.

Annual Average Mortality of the Asylum,
From 1839 to Dec. 31, 1854.

Years ending 31stDec.	Number of Admissions	Average number of Patients	Number of Deaths.	Per centage of Deaths.
1840	76	94	11	11.70
1841	70	99	13	13.13
1842	70	111	14	12.61
1843	73	111	7	6.30
1844	95	142	14	9.85
1845	85	140	22	15.71
1846	108	138	15	10.87
1847	82	168	25	14.88
1848	67	167	14	8.38
1849	121	182	33	18.13
1850	101	223	26	11.65
1851	95	233	20	8.58
1852	85	234	19	8.12
1853	120	239	36	15.05
1854	131	257	24	9.33

TABLE No. 3.

Causes of the 24 Deaths during the year ending December 31, 1854.

No.	*Duration of Insanity on admission as stated in Certificate.*	*Character of Mental Disorder.*	*Cause of Death.*	*Residence in the Asylum.*	*Age at Death.*
1166	2 months	Chronic Mania	General Paralysis	2 years, 261 days	38 years.
106	Not stated	Chronic Mania	Chronic Bronchitis	13 years, 81 days	75 years.
1268	3 weeks	Chronic Mania	Epilepsy	1 year, 230 days	30 years.
167	Some years	Chronic Mania	General Debility	14 years, 170 days	57 years.
1081	Many years	Chronic Mania	Old Age	3 years, 268 days	81 years.
1452	1 week	Acute Mania	Maniacal Exhaustion	47 days	62 years.
1396	2 months	Chronic Mania	General Paralysis	222 days	42 years.
1460	A month	Melancholia	General Paralysis	53 days	65 years.
985	More than a year ago	Chronic Mania	General Paralysis	4 years, 238 days	41 years.
1434	2 months	Chronic Mania	Suicide by Strangulation	136 days	61 years.
1487	3 weeks	EpilepticMania	Maniacal Exhaustion	8 days	40 years.
1405	10 days	Mental Imbecility	Apoplexy	269 days	53 years.
1384	1 week	Melancholia	General Debility	329 days	62 years.
1209	18 years	Chronic Mania	Caries of Spinal Vertebræ	2 years, 255 days	48 years.
1429	Several months	Chronic Mania	Apoplexy	243 days	33 years.
925	Unknown	EpilepticMania	Epileptic Convulsions	5 years, 141 days	37 years.
1482	Unknown	Epilepsy	Serous Apoplexy	124 days	76 years.
1408	Congenital	Mental Imbecility	Hæmatemisis	1 year, 10 days	34 years.
1542	2 months	Mania (Fever)	Maniacal Exhaustion	17 days	32 years.
1132	Unknown	EpilepticMania	Epilepsy	3 years, 334 days	19 years.
1244	Unknown	Chronic Mania	Maniacal Exhaustion	2 years, 272 days	34 years.
1259	One month	Melancholia	Abscesses in Parotid and Sub-maxillary Glands	2 years, 206 days	56 years.
1564	5 days	Mania (Fever)	Maniacal Exhaustion	2 days	51 years.
1337	Several weeks	Chronic Mania	General Debility	1 year, 290 days	40 years.

TABLE No. 4.

Daily Return of the House on particular days,—

The last Wednesday in each Quarter.

Male Department.

	March 29th.	June 28th.	Sept. 27th.	Dec. 27th.
Total number of Patients in the House	120	124	123	125
Sick and in Bed	4	1	6	3
Attending Chapel	45	61	47	43
Employed in Farm and Garden ...	11	7	20	3
Employed in House and Kitchen	24	16	13	9
Employed in Workrooms	14	10	15	18
Assisting in the Wards . .	8	9	8	8
Total number employed ...	57	42	56	38

Female Department.

	March 29th.	June 28th.	Sept. 27th.	Dec. 27th.
Total number of Patients in the House	131	130	145	143
Sick and in Bed	1	1	2	3
Attending Chapel	45	49	43	38
Employed in Workrooms, and in Sewing and Mending	21	30	23	23
Employed in Laundry & Wash-house	15	17	12	16
Employed in House-work and Kitchen	3	2	2	1
Assisting in the Wards	14	10	12	12
Total number employed ...	53	59	49	52

TABLE No. 5.

A Return of Clothing and Other Articles,

Manufactured or made up in the Asylum,

From the 1st January, 1854, to the 1st January, 1855.

Male Department.

	Made.	Repaired.
Articles of Tin, Zinc, and Iron	102	36
Baskets	204	10
Boots and Shoes (pairs)	243	144
Coats	15	75
Coir Mats	27	
Coir Matting (yards)	586	
Flannel Drawers	2	6
Garden Netting (yards)	180	
Mattresses	40	
Ditto, with India-Rubber tubes	5	
Mahogany Sideboard	1	
Picture Frames	16	
Towel Horses	9	
Ticking Shirts	2	
Trousers	38	
Uniform for Attendants, Eight suits, Coat and Trousers	16	
Waistcoats	18	
Wicker Sofas	10	
Wicker Flower Stands	2	
Wicker Child's Cradles	3	
Wicker Child's Carriage	1	
Wicker Child's Chairs	2	
Wicker Birdcages	3	
Yarn Mops	242	
	1767	271

Female Department.

	Made.	Repaired.
Antimacassars	5	
Aprons	73	17
Bonnets	7	2
Bed Ticks	55	55
Bolsters	34	7
Collars	2	
Curtains	68	10
Coffee Bags	4	
Carpets	3	7
Chemises	196	671
Dusters	24	
Drawers	4	1
Flannel Shirts	42	80
Flannel Vests	41	30
Handkerchiefs	160	
House Flannels	161	
Men's Caps	83	
Night Caps	59	
Night Gowns	51	30
Petticoats	141	277
Pillow Cases	24	5
Pudding Cloths	12	
Shirts	171	2514
Stays	11	2
Stocks	114	
Stockings	22	6367
Sheets	131	676
Sofa Cushions	10	
Shoes bound (pairs)	121	
Table Napkins	12	
Table Cloths	4	14
Table Covers	4	
Towels	182	8
Ticking Dresses	14	
Valences	111	
Women's Caps	180	143
Window Blinds	61	5
	2397	10921

JOHN BARNES, Storekeeper.

TABLE No. 6.

Provisions and Necessaries

Consumed during the year ending 31st December, 1854.

Ale		3273 galls.
Beer		6189 galls.
Porter		72 galls.
Arrowroot		14 lbs.
Bread		102,647 lbs.
Butter		5822 lbs.
Cheese		6481 lbs.
Coffee		1918 lbs.
Currants		221 lbs.
Eggs		6076 No.
Flour		9052 lbs.
Fish		403 lbs.
Milk		6046 galls.
Meat	Bacon	292 lbs.
	Beef and Mutton	45742 lbs.
	Ditto Legs and Shins	7250 lbs.
	Pork	786 lbs.
Mustard		70 lbs.
Oatmeal		30 lbs.
Potatoes		606 bush.
Other Vegetables		327 bush.
Peas		852 lbs.
Pepper		58 lbs.
Rice		1919 lbs.
Sugar, Loaf		967 lbs.
Sugar, Moist		6315 lbs.
Salt		18 cwt.
Sago		95 lbs.
Snuff		8 lbs.
Tobacco		150 lbs.
Tea		957 lbs.
Vinegar		33 galls.
Wine		4920 oz.
Brandy		1255 oz.
Gin		80 oz.
Rum		1116 oz.
Necessaries :—		
Candles		557 lbs.
Coals		669 tons.
Gas		169,200 feet.
Soap		3825 lbs.
Soda		3360 lbs.
Starch		111 lbs.
Blue		17 lbs.

JOHN BARNES, Storekeeper.

TABLE No. 7.

Contract Prices for the Principal Articles of Consumption, For the Four Quarters of the Year ending December, 1854.

		Quarter to 31st Mar.	Quarter to 30th June.	Quarter to 30th Sept.	Quarter to 31st Dec.
		£. s. d.	£. s. d.	£. s. d.	£. s. d.
Ale	per gall.	0 1 2	0 1 0	0 1 0	0 1 0
Beer	per gall.	0 0 8	0 0 6	0 0 6	0 0 6
Bread	per 4 lbs.	0 0 9¾	0 0 7½	0 0 7	0 0 5¾
Flour	per stone	0 3 9	0 3 0	0 2 10	0 2 3
Butter	per lb.	0 1 1	0 1 1	0 1 1	0 1 1
Cheese	per cwt. (120lbs.)	3 15 6	3 12 0	3 15 0	3 12 0
Coffee	per lb.	0 1 2	0 1 2	0 1 1	0 1 1
Currants	per lb.	0 0 10½	0 0 10½	0 0 10½	0 0 10½
Eggs	per 100	0 6 3	0 6 3	0 6 3	0 6 3
Milk	per gall.	0 0 7½	0 0 7	0 0 7	0 0 8½
Beef,—Beds, Rounds, Shoulders, and Chines, (without bone)	per lb.	0 0 6½	0 0 6½	0 0 6½	0 0 6
Mutton,—Legs, Shoulders, Necks, and Loins	per lb.	0 0 6¼	0 0 6¼	0 0 6½	0 0 6
Legs and Shins (Beef)	per lb.	0 0 2½	0 0 2¼	0 0 3	0 0 2½
Potatoes	per bush.	0 5 2	0 5 1¼	0 3 4	0 3 0½
Peas	per bush.	0 10 8	0 7 6	0 7 6	0 7 6
Rice	per cwt.	0 18 6	0 17 6	0 17 6	0 18 8
Sugar, Loaf	per lb.	0 0 5	0 0 5	0 0 5	0 0 5
Sugar, Moist	per lb.	0 0 4	0 0 4	0 0 4	0 0 4
Tea	per lb	0 3 2	0 2 10	0 2 8½	0 2 7
Candles	per dozen lbs.	0 7 0	0 7 0	0 7 2	0 7 6
Coals — Main Coal	per ton	0 14 0	0 14 0	0 14 0	0 14 0
Coals — Cobbles	per ton	0 0 0	0 0 0	0 13 3	0 0 0
Coals — Screenings	per ton	0 12 0	0 12 0	0 12 0	0 12 0
Coals — Spires	per ton	0 0 0	0 0 0	0 0 0	0 10 6
Soap, (mottled)	per cwt.	2 0 0	1 16 0	2 1 0	2 0 0
Soda	per cwt.	0 6 6	0 7 3	0 6 5	0 6 6
Starch	per lb.	0 0 6½	0 0 5	0 0 5	0 0 5
Blue	per lb.	0 1 6	0 1 2	0 1 0	0 1 0

JOHN BARNES, Storekeeper.